

Time:

Minimum 30 minutes

Goal or purpose of the exercise:

To identify and analyse the nature and components of the problem and to come up with positive responses.

How it's done/facilitator's notes

Describe the problem tree:

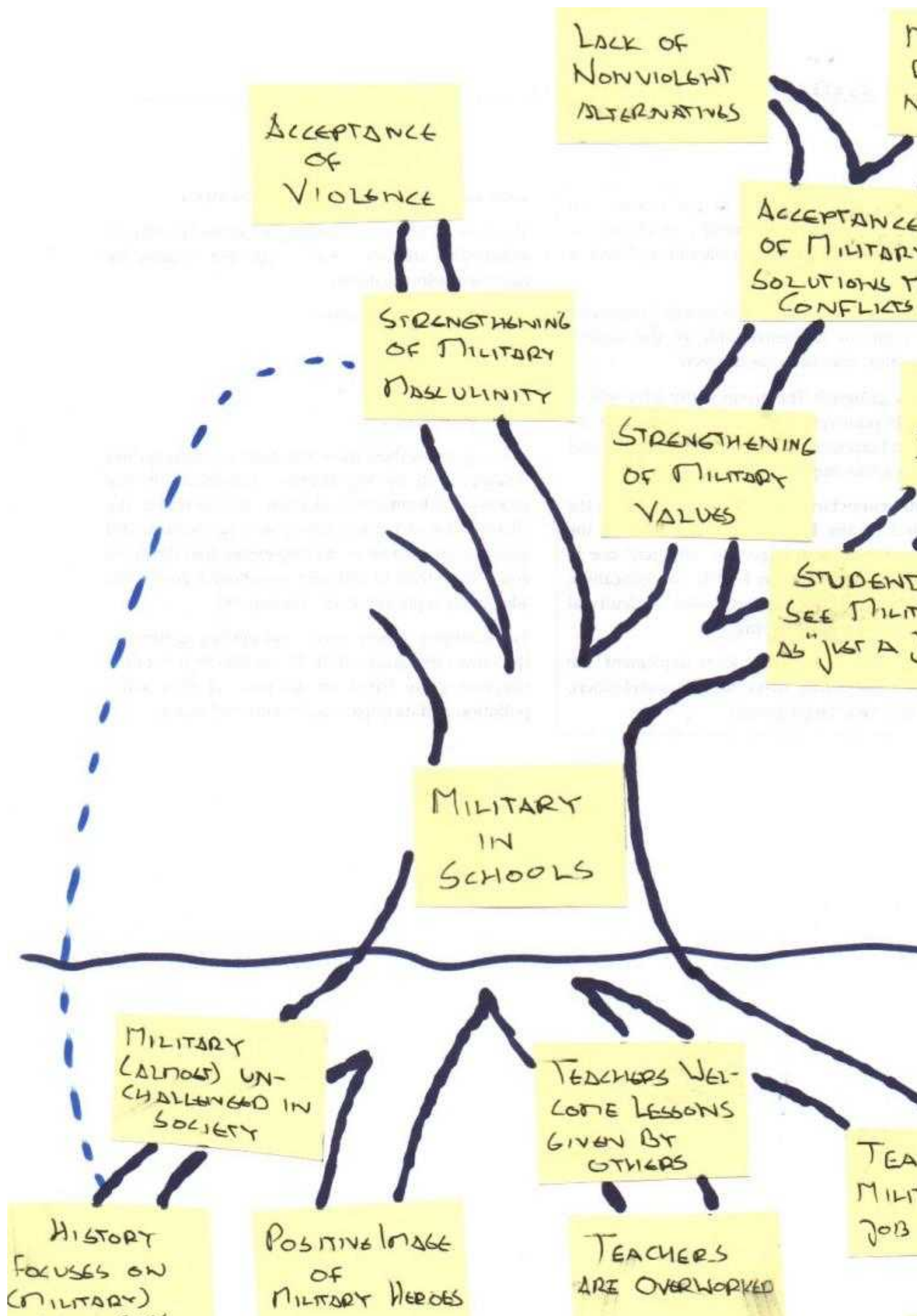
Draw a tree with roots, a trunk, and branches with fruit. The tree represents the problem. Participants identify the roots (causes), the fruits (consequences), the trunk (the institutions that uphold the system.) You can also add the underlying principles that are found in the soil that “nurture” these root causes.

Analyse the Problem Tree:

Choose the institution in the trunk of the tree that your group wants to weaken. Draw another tree, identifying the root causes, consequences and using the list of questions below to analyse the situation.

Healthy Tree:

What is the healthy fruit we want to grow? What roots do we need in order to grow healthy fruit? What roots do we need to cut? What structures need to be developed for a healthy society? What needs to be resisted? What values need to be in the soil to strengthen the roots? Identify goals to grow a healthy tree, or goals to cut down an unhealthy tree. Can we answer the above questions positively?



Related content

[en](#)
[es](#)
[fr](#)
[de](#)

- [Why things don't "just happen"](#)
- [Planning nonviolent campaigns](#)
- [Theories of change](#)
- [Imagine the future: setting goals](#)

Comments

There are no comments on this article. Have you got something related to this topic, you'd like to say? Please feel free to be the first person to make a comment.

Add new comment

Your name

Email

Homepage

Language

English



Subject

Comment

[About text formats](#)

Save

Preview